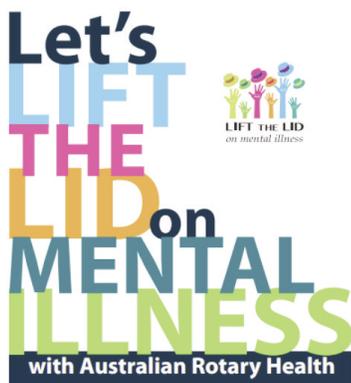




**Monday 12th October 2020**



## **A challenge has been issued!**

Each year our club supports Lift the Lid on Mental Illness in October, by wearing a hat to our meeting on Hat Day (this year it will be the 12th October) and donating to Australian Rotary Health. We all know how important fitness is to maintaining mental health and this year President Angela is proposing that we determine the amount to donate based on the collective number of kilometres our club members walk between 1st & 31st October.

A goal has been to collectively walk 3,000 km over the month with the club donating \$1 to Rotary Health for every km walked which means, if we achieve that goal

we will donate a maximum of \$3,000.00 to ARH. Donations above this amount, should we all become fitness fanatics and exceed our goal, will be at the discretion of the board.

An email has been sent to members with an explanation of how we participate. None of it is onerous, plus asking family members and friends for donations or sponsorship (a form for this purpose is attached to the email in order to record this information) will make the task of reaching our target that much easier.

So please read the email, then let's all sign up, increase our own fitness and health and once again become a major contributor to the research into mental illness.

PLUS remember to wear a hat to our Zoom meeting on Monday 12th October!

## **Suggestions to assist in achieving your goal**

- Take a walk each morning before breakfast or each day after lunch
- Take your dog for a walk
- Walk to the local café to get a cup of coffee
- Go for a walk around your block or neighbourhood
- Walk around your house or place of work at lunchtime or during breaks

## **A little more about Australian Rotary Health**

Australian Rotary Health is Australia's largest non-government funding body of mental illness research. They also fund research into a number of other health areas and provide scholarships to Indigenous and Rural health students.

Australian Rotary Health has broad vision of health, aiming to raise donations and invest



this money into Research Grants and Scholarships for worthy health initiatives. They are a catalyst for projects that improve the quality of life for people who are least able to assist themselves.

### ***Projects in Progress***

- Lift the Lid on Mental Illness is Australian Rotary Health's National fundraising campaign for Mental Health Research. You can support areas including Anxiety, Depression, Substance Use Disorder, Schizophrenia, Bipolar Disorder, Suicide Prevention and more by making a donation at any time during the year, or celebrating Hat Day in October for Mental Health Month.
- Cancer Research including Bowel Cancer, Breast Cancer, Prostate Cancer and Children's Cancer
- Heart Disease, Motor Neuron Disease and more.
- Indigenous Health Scholarships, which provide annual support to an Indigenous University student, taking a health related course.
- Rural Medical Scholarships, provide incentives for Doctors-in-training to take a year-long rural placement.
- Rural Nursing Scholarships, provide incentives for Nurses-in-training to take a year-long rural placement.



## **A short narrative history of Rhodes and Concord (cont.)**

*by Nicola Byrne*

from last week... 'Mum worried when we were down at Concord West on Victoria Avenue, close to the water there,' Lorna remembers, as the reclamation continued through her childhood. 'I ended up with diphtheria and scarlet fever, my brother got diphtheria too... yes, Mum blamed the horrible mosquitoes down there.'

In this environment, with the perceived hostility of insects carrying diseases and sludge washed in from the mangroves by frequent flooding, the appeal of the Federation bungalow is clear. Their hipped roofs and shaded verandas exclude as much light and heat possible. Freeland explains in *Architecture in Australia* (1968) that they were designed not for living within the outside environment, but to escape it. ... now read on...

This conflict with the natural habitat could not be more different from the custodianship of the Wangal, Wongol or Wanegal people of the Eora nation.

The mosquitoes which troubled European settlers were warded off by setting fires outside entrances to their dwellings.

Not unlike later inhabitants of the Concord municipality, the Wangal people based themselves around the water. Small groups would row out into the Parramatta river, fishing with hook and line or spear; their findings were cooked in the fire set into a bed of clay on the bottom of their canoe. Shellfish was collected from the rocks, and crayfish caught in woven bark nets. When the cold of autumn set in and the supply of fish declined, they depended more on food from the land, from gathering yams to smoking beehives for honey.



*Wangal people of Cooks River*



Few traces of the Wangal people remain, as European settlers pushed them to retreat to foreign territory, before later conflict; smallpox spread by the settlers further decimated their population. The shale rock of the riverbank in the area proved too soft for any engravings and paintings to last long, and no original Indigenous sites remain in the municipality.



Wangal Reserve

Today, the area is filled with green parks decorated with playground equipment and public amenities. Wangal Reserve is one of these spaces. In Sydney Journal, Blaxell says the reserve was to be the 'the focal point of celebrations commemorating Aboriginal heritage.' Today, 'no flag flies and no ceremonies are held.'

At the mention of the 'Parklands Suburb', Concord's self-proclaimed moniker following the reclamation, Alan remarks, *'I laughed at the council for that too. 'Cause when Peter Woods became mayor, and they [Concord and Drummoyne councils] amalgamated, he raced around everywhere, doing this up and that up...'*

*'He put plaques on everything,'* Lorna laughs, *'his name was all round the place.'*

*'His name was going up everywhere. So council staff used to say, Concord was once the Parklands suburb, it's now the Plaque-lands suburb.'*

One swamp-turned-park with a plaque is McIlwaine Park, skirting Brays Bay. The green AstroTurf of the miniature golf course is given away by its artificial shine. Roofs supported by a beam at each end sit like red hats over barbecues and picnic tables.



McIlwaine Park, Brays Bay

An earphone-plugged jogger makes an appearance on the exercise track, disappearing only to return – or is it a different jogger? The anonymity of tight sportswear and sneakers makes it hard to tell.

Little would many of the toddling golfers, lunching families or joggers know, but their feet touch the former grounds of Braygrove, the first house in the municipality and home to Alfred Llewellyn Bray, first Mayor of Concord.



Alfred Llewellyn Bray

It is hard to imagine today that the many streets branching to the east off Concord Road were cut through a single property. As the only estate in the area for some time, the Brays maintained their home as a social centre for inhabitants of early Concord. They were also well aware of the dangers to travellers on the undeveloped roads through heavily timbered forest and murky swamp. Multiple accounts of their hospitality exist. An 1897 newspaper issue reports a children's dance hosted by Mrs Mary Bray, in which her five children 'received about sixty guests in "plain and fancy dress" in the drawing room.' Another report from 1904 describes the experience of the riders in the Sydney Hunt Club:

*'[called to] a halt... at Bray Grove, where the hospitality of Mr and Mrs A. L. Bray was accepted... The visitors went home by the main road, the light and conditions generally being unfavourable to safe fencing.' .....to be continued.....*



## You can choose your friends... but your family?

Having completed the roster for our Farmers market of Sunday last (4th October) and having sent it out, I received an email from Oscar Bryant who has shown great interest in our club (will hopefully become a member in the near future) and who had expressed a desire volunteer in the running of the market wherever and whenever he could.

The email read in part as follows:

*“Wanted to follow up on details for Concord Markets this weekend.*

*Is there a defined time range in which I can support? How is the rostering managed for the events? Keen to support this weekend and get involved.” cheers, Oscar*

I then replied saying how much we would appreciate his help, suggesting he could man an entrance from 10.30-12.15 and that I and the other Rotarians were looking forward to meeting him. To which he replied:

*“Sounds good, see you at 10.30, Sunday.”*

So far, so good!

I included Oscar in the roster and then emailed the amended list. Within minutes I received an email from Michael Brown which said:

*“Thanks Dad..... did you think to include Oscar in the email?”*

I then replied:

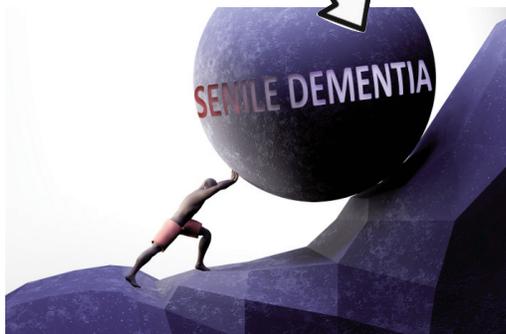
*“Actually, I did. Not completely senile yet! See you Sunday,” Dad*

Unfortunately, I inadvertently sent the email to President Angela instead of my No.1 son. As soon as I realised that, I emailed Angela to apologise for my mistake (yes, *I know, it's a rarity*) and then redirected it to Michael.

I then followed up with an explanation to Michael:

*“Having just said that I wasn't senile just yet, I accidentally sent that email to Angela. I may have to rethink!” Dad*

To which Michael replied.....



Now you may ask the reason for my relating this heart-rending tale so I will explain.

I have two other sons, who after being told that their inheritance will most likely increase by approximately one sixth, generously offered to share.

So if any reader would contemplate the possibility of my adopting them, please email your resume at your earliest convenience for my consideration.

I must admit that I haven't actually run this by Beverley yet, but these things take time. So... onward and upward!

By the way, Oscar turned up on time, did his shift on the gate and then stayed to assist with pack-up. He is now permanently on 1st market pack-up team! Thanks, Oscar!





## A little about Santino

If you have been wondering just what Rotarian Santino Cassanitti does in his spare time when he is not supplying electronic signage, installing containers for our market storage, building customised trolleys and for the same market in order to make the business of set-up and pack-down easier, supplying equipment such as sandbag weights for the tents, repairing broken equipment and/or physically setting up and packing down on the first and second Sunday of each month, then..... read on.

When he did not attend the second market in September although he was rostered on for pack-up, I asked him for an explanation, or at the very least a note from a doctor. The following was his explanation.

### ***Transportation and installation of highway gantry at Pimlico***

On leaving Sydney at 4.30am on Friday driving my truck (see pic) to Pimlico near Ballina on the north coast, a distance of almost 710kms, We (one fellow worker accompanied Santino from Sydney) arrived 10 hours later at 2.30pm. (*Google says a good time in a sedan is 71/2 hours*) - thank goodness for cruise control.!

We started work 3pm and finished 3:30 on Saturday morning followed by breakfast at 6:30am (I presumed here that they had at least two hours sleep) then back to work, finishing at 6:30 pm.

Because of Fathers Day, I had to send my offsideer back to Sydney for father's day so I worked all Sunday on my own as I needed to have the pad ready for concreting on Monday

My worker returned on Tuesday, we installed the structures on Tuesday, managed four hours sleep and on Wednesday installed the cabinets and ran the cables. On Thursday there was continuous drenching rain with only a 10 minute break in the weather so worked through despite the wind and rain. Beautiful sunshine of Friday and we finished at 4.30pm arriving exhausted at the Hunter Valley to meet Marie and my son.



***I forgave him for missing his place in the roster!***



## 2020 Great Train Ride to End Polio



**Rotary**

### Join the Train Ride to End Polio!

on World Polio Day, Thursday 24 October, 2019  
across the entire Sydney train network – 195 stations

**help raise \$1 million – sponsor a rider, run an event**

- create public awareness – polio and club
- raise funds through sponsorship & events
- engage your members in a fun activity
- Rotary Citation event
- help end polio

**END POLIO NOW**

We will be in the fourth carriage

**The Rotary Foundation**

### ACTION PLAN

- Participate in ride**
  - fellowship, fun & fundraising
  - check event train schedule
  - meet us at your station
  - join the ride
  - make a contribution
- Sponsor riders**
  - individuals \$1 per station
  - clubs \$10 per station
  - attract third party sponsors
- Create an event**
  - tin rattle at station
  - paint pinkie purple for polio
  - purple cupcakes for polio
  - get creative!
- Register participation**
  - fundraising event
  - as a rider
  - your contribution

**Public awareness**

- wear red EPN shirt
- local newspaper
- Facebook
- club newsletter
- friends of the club
- politicians
- local / state / federal

**For more info:**

- contact your District End Polio Chair
- RISPPPO
- Mark Anderson
- Rob Byrne

**District End Polio Chair:**  
D9675 – PDG Sue Hayward  
D9685 – PDG Bob Altken



The Challenge: to raise \$1 million towards Ending Polio by visiting ALL 195 Railway Stations in Sydney in ONE day, Friday 23rd October!

This is a great opportunity for all Rotarians to ride together on the train for a time of their own determination as a fellowship activity and mix with Rotarians from other Clubs in the Greater Sydney area.

District are asking us join the Train Ride on World Polio Day across the entire Sydney train network 195 stations - help raise \$1 million – sponsor a rider, run an event

Similarly to previous years, we are encouraging clubs to come to stations to handover their cheques. District 9675 DG team (past, present and future) and other District Leaders will all be on a roster on board to receive them. PDG Sue Hayward will be riding the train from Artarmon in the mid afternoon (14.33) until it comes back to Artarmon at night (21.03). All Rotarians, family and friends, will be most welcome to join at any station.



## Old News

After the club was awarded Best Club Bulletin 2019/20 it was decided that the editor would keep the trophy for posterity and it was duly handed over at the markets.

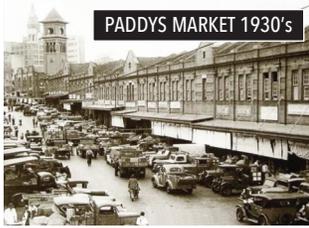
I am mindful however that while I enjoy creating the mix of Rotary and member information together with a little nostalgic and sometimes oddball general information and the odd bit of levity, the real reason I find it reasonably easy to formulate is the makeup of our membership and the fellowship that emanates from that. So I reiterate that the award is really for the entire club membership. However, I appreciate it nonetheless.



# Remember Sydney?



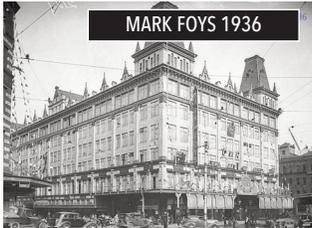
PARRAMATTA RD 1920's



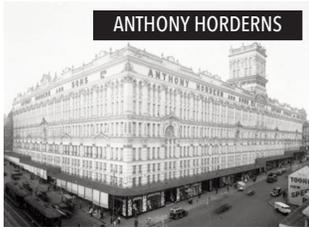
PADDYS MARKET 1930's



NEWTOWN STN 1894



MARK FOYS 1936



ANTHONY HORDERNS



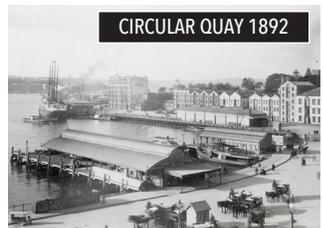
QUEEN VIC. BLDG. 1905



GEORGE & KING STS



NEAR OXFORD ST



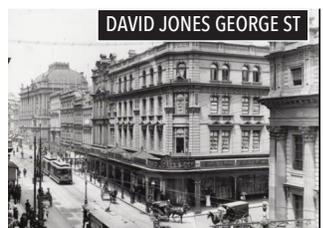
CIRCULAR QUAY 1892



CENTRAL STN 1950's



BRONTE



DAVID JONES GEORGE ST



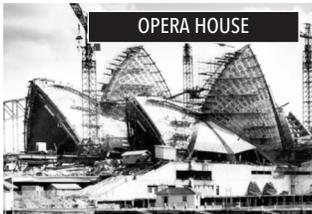
COOGEE BEACH 1880's



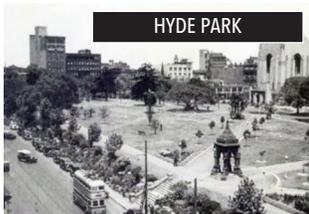
CAMPBELL COVE 1880's



GRACE BROS 1930's



OPERA HOUSE



HYDE PARK



GEORGE ST 1905





## Don't blame me!

The following was submitted to me by Secretary Allan Petersen (him on the left) in an email which began:

*Afternoon David,  
Does this meet with your approval? - or too ordinary? - or have you already used it?  
Allan*

To which I answered in order, 1. No! 2. Yes! and 3. Definitely Not and under normal circumstances would never consider doing so!

However, in deference to my elders (of which he is definitely one) I succumbed. So... please direct all negative comments and bad language to him **AND NOT TO ME!!**

*A couple lived near the ocean and used to daily walk the beach. One summer they noticed a girl was at the beach almost every day. She wasn't unusual nor was the travel bag she carried, except for one thing; she would approach people sitting on the beach, glance around and then speak to them.*

*Generally, the people would respond negatively and she would wander off. But occasionally someone would nod and there would be a quick exchange of money and something that she carried in her bag.*

*Assumeing she was selling drugs the couple debated calling the cops, but since they didn't know for sure, they decided to just continue their observation.*

*After a couple of weeks the wife said, 'Honey, have you ever noticed that she only goes up to people with boom boxes and other electronic devices?' He hadn't and said so.*

*Then she said, 'Tomorrow I want you to get a towel and our radio and go lie out on the beach. Then we can find out what she's really doing.'*

*Well, the plan went off without a hitch and the wife held her breath with anticipation when she saw the girl talk to her husband and then leave. Whereby her husband then walked up the beach and met his wife at the road.*

*'Well, is she selling drugs?' she asked excitedly.*

*'No, she's not,' he said, enjoying this probably more than he should have.*

*'Well, what is it then? What does she do?' his wife shrieked.*

*The man grinned and said, 'She's a battery salesperson.'*

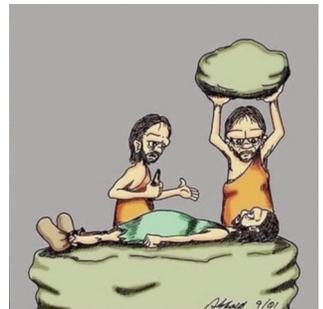
*'Batteries?' cried the wife.*

*'Yes!' he replied. 'She Sells C Cells by the Seashore!'*

## Birthdays

Grant Xu Oct. 8th,  
Ken Wright Oct 9th,  
Jim Robertson Oct 10th,  
Tony Gagliano Oct 20th,  
Doreen Paterson Oct 26th,  
Barry Rodway Oct 29th,  
Roger Guerin Oct 30th,

Husband and I  
went grocery  
shopping with  
masks, got home,  
took off masks,  
brought home  
wrong husband!  
Stay alert people!



And this is Ralph your anaesthetist



## Joke of the week

*After two visits and exhaustive lab tests with my new GP, he said I was doing "fairly well" for my age.*

*A little concerned, I couldn't resist asking him, "Do you think I'll live to be 80?"*

*He asked, "Do you smoke any tobacco, or drink beer or wine?"*

*"Oh no," I replied. "I'm not doing drugs, either!"*

*Then he asked, "Do you eat rib-eye steaks and barbecued ribs?"*

*I said, "No, my former doctor said that all red meat is very unhealthy."*

*"Do you spend a lot of time in the sun, like playing golf, sailing, hiking or cycling?"*

*"No, I don't," I proudly said.*

*He asked, "Do you gamble, drive fast cars or have a lot of wild sex?"*

*"No," I said, "absolutely not."*

*He looked at me and said, "Then why on earth do you even give a damn?"*

## An oldie but a goodie



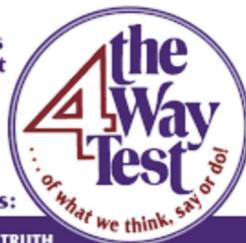
## ROTARY'S CODE OF CONDUCT

As a Rotarian, I will:

- 1) Exemplify the core value of integrity in all behaviours and activities.
- 2) Use my vocational experiences and talents to serve in Rotary.
- 3) Conduct all of my personal, business and professional affairs ethically, encouraging and fostering high ethical standards as an example to others.
- 4) Be fair in all dealings with others and treat them with the respect due to them as fellow human beings.
- 5) Promote recognition and respect for all occupations which are useful to society.
- 6) Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others and to improve the quality of life in my community.
- 7) Honour the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavour or reflect adversely on Rotary or fellow Rotarians.
- 8) Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

**Good decisions don't just happen.**

**Ask yourself these 4 questions:**



1. Is it the **TRUTH**
2. Is it **FAIR** to All Concerned?
3. Will it build **GOODWILL** and Better Friendships?
4. Will it be **BENEFICIAL** to All Concerned?



## BOARD MEMBERS 2020/21

**President:** Angela Porritt

**President Elect:** Cornelia Day

**Secretary:** Allan Petersen

**Treasurer:** Ken Wright

**Immediate PP:** Charmaine Langley

**Farmers Market:** Helen McCaffery

**Farmers Market:** Helen McCaffery

**Club Service:** James Chin

**International Service:** Ian Gilkes

**Community Service:** Daniel Music

**New Generations:** Peter Robinson

**Vocational Service:** Peter Reynolds

**Membership:** Michael Brown

**Assistant International Service Director:** Maree Ohlin

## CLUB MEMBERS

**Bhavnagri Viraf**

Structural Engineering

**Brown David (Beverley)**

Graphic Art (Retired)

**Brown Michael (Liane)**

Graphic Art (Pre-Press)

**Cassaniti Santino (Marie)**

Funeral Services

**James Chin**

Medicine - Health & Lifestyle

**Day Cornelia**

Real Estate - Commercial

**Dowley Peter (Maree)**

Security Services

**Ferrari Kevin**

Entrepreneur

**Ferguson Garry (Jennifer)**

Geological Science

**Gagliano Cheryl (Tony)**

Legal Assistant

**Gilkes Ian (Sue)**

Printing Commercial

**Guerin Roger (Kitty)**

Engineering - Local Government

**Hughes Don (Judith)**

Education - Science

**Hunter Dianne**

Accountancy - Admin

**Kane Ray (Judith)**

Transport (Retired)

**Kang Alice**

Director Marketing &  
Community Relations,  
Concord Hospital

**Langley Charmaine**

Project Manager Higher Education

**Legey Patrick (Annmaree)**

Pest Control

**Long Kevin (Anna)**

Promotional Products

**Love Judy**

Aged Care Administration

**Ly Steven**

Planning Logistics

**McCaffrey Helen (Bill)**

Corrosion Control

**McCarthy Phillip (Jillian)**

Accounting - Chartered

**McIntosh Graham**

Pharmacy (retired)

**Murray Ken**

Education - Secondary (ret)

**Music Daniel**

Facilities Management

**Ohlin Maree (Peter)**

IT Project Management

**Paterson Bill (Doreen)**

Services & Development  
Counselling

**Petersen Allan (Welwyn)**

Education - Primary

**Petrie Stephen (Cathryn)**

Mechanical Engineering

**Porritt Angela (Rhys)**

Database Development

**Reynolds Peter (Mariana)**

Education - Languages

**Rez Simon**

Law

**Robertson Jim (Florence)**

Mediation Services

**Robinson Peter (Barbara)**

Marketing and Sales

**Rogers Peter (Mary)**

Mystery Shopping

**Scott Evelyn**

Govt Services (Retired)

**Williamson David**

Building Administration

**Wright Alan (Lorna)**

Paint Manufacture

**Wright Ken (Georgia)**

Accounting Services

**Xu Grant (Cynthia)**

IT Professional

## HONORARY MEMBERS

#\* Bell, Richard (Christine)

# Davidson, Carole

# Kistan, Nesan (Cheryl)

# Michel, Lois

McCaffrey, William (Helen)

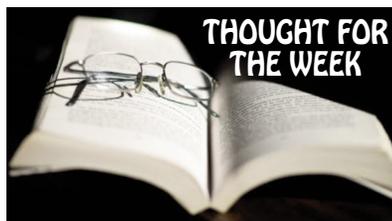
#\* Rodway, Barry (Norah)

Spence, Wal (Elaine)

\*\*\* Smith, Peter (Marlene)

\* Past President # Paul Harris Fellow

\*\* Past Pres. Rotary Club of Strathfield



If life serves  
you melons...

maybe you're  
dyslexic!