## Rotary Club of Concord - Monday 20th January 2020 Chartered 24th September, 1956 Rotary District 9675

Humanity in Motion

## A little Australian history

On Monday 10th August those who attended our meeting had the distinct pleasure of hearing our guest speaker Adam Joseph speak about the life of the first Australian native to visit England, Woollarawarre Bennelong.



The taking of Colbee & Bennelong by William Brady

Bennelong was a senior man of the Eora, an Aboriginal Koori people of the Port Jackson area, at the time of the first British settlement in Australia, in 1788.

Bennelong was brought to the settlement at Sydney Cove in November 1789 by order of the governor, Arthur Phillip, who was under instructions from King George III to establish relationships with the indigenous populations At that time the Eora conscientiously avoided contact with the newcomers, and in desperation Phillip resorted to kidnap.

Bennelong (married at the time to Barangaroo) was captured with Colbee on 25 November 1789 as part of Phillip's plan to learn the language and customs of the local people. William Bradley painted a watercolour of the occasion and described the capture in his journal as the "most unpleasant service" he was ever ordered to undertake. Bennelong's age, at the time of his capture, was estimated at 25, and he was described as being 'of good stature, stoutly made', with a 'bold, intrepid countenance'. His appetite was such that 'the ration of a week was insufficient to have kept him for a day', and 'love and war seemed his favourite pursuits'.

Colbee soon escaped, but Bennelong stayed in the settlement for several months, then slipped away. Four months later, after being in Manly Cove, Phillip was notified and one account has it that, on the day Phillip had organized a whale feast in order to reestablish relations with the Eora, the Governor hurried over and approached Bennelong, who was with a group of roughly 20 warriors. Phillip took a gesture by Bennelong towards another Aboriginal person, Willemering, as an invitation for an introduction, and extended his hand to the latter, who responded by spearing Phillip in the shoulder. A scuffle broke out, but the officers managed to lead the Governor away to safety. The spearing was apparently payback for Bennelong's sense of injury on having been kidnapped and following this the relationship between Bennelong and Phillip was renewed.

Bennelong learned to speak English and in 1790, the governor built him a hut on what became known as Bennelong Point.

Bennelong and another Aboriginal man named Yemmerrawanne travelled with Phillip on the Atlantic to England in 1792 where they visited St Paul's Cathedral and the Tower of London and went to the theatre. When Yemmerrawanne became sick, they moved to Eltham and resided at the house of Edward Kent, where they were tended by Mr and Mrs Phillips,

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Yemmerrawanne died in Britain after a serious chest infection and Bennelong's health deteriorated. On returning to Sydney in February 1795 on HMS Reliance, Bennelong drafted a letter in 1796 to Mr and Mrs Phillips, thanking Mrs Phillips for caring for him in England, and asking for stockings and a handkerchief and this is the first known text written in English by an Indigenous Australian.

Within a short time he took to the bush, reappearing only occasionally to dine at the servants' table in Governor King's residence. He frequently participated in payback battles, and officiated at ceremonies, including the last recorded initiation ceremony in Port Jackson in 1797. By the early 19th century, he was the leader of a 100-strong clan living on the north side of the river to the west of Kissing Point in Wallumedagal country.

Bennelong died on 3 January 1813 at Kissing Point on the Parramatta River in Sydney, and was buried in the orchard of the brewer James Squire, a friend to Bennelong and his clan. Bennelong's people mourned his death with a traditional highly ritualized battle for which about two hundred people gathered





An obscured detail of the frong garden of the home in Putney where Bennelong's grave has been found (left); and an illustration of Bennelong SIMON ALEKNA; FIRFAX PHOTOS

On 20 March 2011, Peter Mitchell of Macquarie University announced that he had located the actual grave site in the garden of a private house in present-day Putney, New South Wales and stated that local Aboriginal authorities would be consulted about possible further exploration of the site. In November 2018, the New South Wales Government announced that it had bought the house and would turn the site into a public memorial to Bennelong, together with a

museum commemorating the impact of European invasion on the Indigenous peoples of the Sydney area.  $\mathbf{WikipediA}$ 



## If the following is true... I'm a happy person

In the following analysis the French Professor Bruno Dubois, Director of the Institute of Memory and Alzheimer's Disease (IMMA) at La Pitié-Salpêtrière - Paris Hospitals, addresses the subject in a rather reassuring way: "If anyone is aware of his memory problems, he does not have Alzheimer's"

- 1. I forget the names of families .
- $2.\ I$  do not remember where I put some things .

It often happens in people 60 years and older that they

complain that they lack memory. "The information is always in the brain, it is the "processor" that is lacking."  $\[$ 

This is "Anosognosia" or temporary forgetfulness.

Half of people 60 and older have some symptoms that are due to age rather than disease. The most common cases are:

- forgetting the name of a person,
- $\bullet$  a wasting time searching where we left our glasses or keys .
- a blank memory for a movie title or actor, an actress,
- going to a room in the house and not remembering why we were THE CHANNEL page 2



Professor Bruno Dubois 24th August 2020



going there,

After 60 years most people have such a difficulty, which indicates that it is not a disease but rather a characteristic due to the passage of years.

Many people are concerned about these oversights hence the importance of the following statement: "Those who are conscious of being forgetful have no serious problem of memory. Those who suffer from a memory illness or Alzheimer's, are not aware of what is happening."

Professor Bruno Dubois, reassures the majority of people who are concerned about their oversights:

"The more we complain about memory loss, the less likely we are to suffer from memory sickness."





## **Polio Free Africa**

August 25 is the red letter day when the World Health Organisation African Region will be officially certified free of wild poliovirus and certification will come four years after Nigeria – the last Polio endemic country in Africa – recorded its last case of wild Polio! When the African region is certified as wild Polio-free, FIVE of the six WHO regions – representing over 90% of the world's population – will be free of the wild poliovirus.

This progress is the result of a decades-long effort across the 47 countries of the African region. It has involved millions of health workers travelling by foot, boat, bike and bus, innovative strategies to vaccinate children amid conflict and insecurity, and a huge



disease surveillance network to test cases of paralysis and check sewage for the virus.

## Now for a little neurological test... only use your eyes.

If you pass these three tests without a problem you can cancel your annual visit to the neurologist, your brain is in decent working shape AND you are far from having any relationship with Alzheimer's.

### 1. Find the "C" in the table below

#### 2. Find the "6" in the table below

#### 



In 1996, Rotary and our partners joined with Nelson Mandela to jump start Africa's commitment to polio eradication with the launch of the 'Kick Polio Out of Africa' campaign. Mandella's call mobilized African nations and leaders across the continent to step up their efforts to reach EVERY child with polio vaccine.

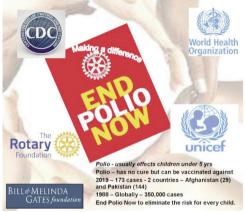
Since 1996, nine BILLION doses of oral polio vaccine have been provided, averting an estimated 1.8 million cases of wild poliovirus on the continent - thanks to the dedicated efforts of thousands of Rotary members, health workers, traditional and religious leaders, parents, and country leaders. Rotary and its members have contributed nearly US\$980 million to eliminate polio in the African region.

These are amazing statistics and they were highlighted during a recent END POLIO NOW Zoom meeting – involving 60 EPN Coordinators, Rotary senior leaders and Rotary International staff.

RI Past President and TRF Trustee Chairman Elect John Germ announced Rotary's fund raising details from the 2019/20 Rotary year – in which we just scrambled over the line to reach the coveted goal of US\$50 million to ensure the two for one bonus of US\$100 million from the Gates Foundation was achieved.

Cash income totalled US\$32,873,000 DDF - US\$8,360,000 World Fund bonus - US\$9,562,000 For a final total of US\$50.795.000!





# Time for a bit more socialising.... with a bit of distancing of course!

OK, it's been a couple of months since we first attempted a picnic in the park and as that effort worked out reasonably well, we thought it a good idea to have a repeat performance.

The last time we had around 22 attend (I can name them if you wish to corroborate the fact that we had a good time - social distancing was for the most part observed (but a little huddling

together before the sun came out was observed), much food was ingested, a little alcohol was also taken in) and hopefully we will exceed that number this time and the temperature should be a little balmier.

Same deal as before: We all have to supply own food, hot or cold, exotic or mundane, spicy or bland, created by the consumer or purchased from a market plus something to imbibe which will also be up to the individual, beer, wine, spirits, cordial, soft drink or water which can also be either still of carbonated. Your choice.

**Venue:** Putney Park, 77 Pellisier Road Putney (just over the Mortlake ferry)

Time: 11.00am till whenever.... and remember.... it"s FREE!



## **Zoom meeting Monday 17th August**

Last Monday we had 19 members attend the meeting via a variety of electronic hardware and I must admit the number was a little disappointing when we have a membership of 40!

So, come on everyone, join in on Monday nights through this difficult period, listen and learn about what is still going on throughout Rotary and enjoy some interaction with your fellow members from 6.00-6.30 when the forum is open for all to greet each other and discuss events personal, local and international.

Of late we have had some really good guest speakers with more to follow.

As I have said before, this is a dangerous time for organisations such as ours when social distancing prohibits us from performing as we normally would, so while there seems to be a lull in impetus from all we have achieved over the last years, normality(?) will eventually be restored and we must do all we can to stay focused in the interim.

#### The Westmead Institute for Medical Research

Guest speaker Hilliary May Black the Philanthropy Relationship Manager at the Westmead Institute for Medical Research (WMIR) joined the meeting on Monday of the history and work being carried out by the Institute which is located at Westmead in the western suburbs of Sydney.

The institute is closely affiliated with Sydney Medical School and Westmead Hospital and comprises approximately 450 medical research and support staff. Originally named the Westmead Millennium Institute for Medical Research, the institute was founded in 1996 through the merging of five research groups at the Westmead health campus, initially comprising just 40 medical researchers, and was renamed on 18 November 2015. The Westmead Institute has grown rapidly on the basis of peer-reviewed funding and is now a leading medical research institute delivering groundbreaking discoveries to better diagnose, treat, cure and prevent some of the most serious health issues affecting Australians and people throughout the world. The researchers at the Institute are world leaders in their fields. With close connections to Westmead Hospital and the wider health system, they have an in-depth understanding of patient needs.

Research is organised into five key biological areas:



WMIR is also currently carrying out vital research into COVID-19 aimed at developing a vaccine that is specifically designed to be effective in one of the most vulnerable groups in the community - the ageing.



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#### What's in a name?



















## What's coming up

Monday August 24th 2020: Zoom meeting 6.00 for 6.30pm Located wherever you like Sunday August 30th 2020: Club family picnic day From 11am weather permitting March 19th - 21st 2021: District 9675 Conference The Sydney Masonic Centre





## **District 9675 Conference 2021**

Friday 19 March to Sunday 21 March 2021 Sydney Masonic Centre 66 Goulburn St., Sydney, NSW 2000

Call: (02) 9284 2888

Website: https://www.smcfc.com.au/ Facebook https://www.facebook.com/smcfc.au/





DG Warwick invites us to join him in the centre of Sydney to experience wonderful speakers, to enjoy the fellowship that is Rotary and to open opportunities for our club, our community and for the wider world.

Very early bird rate: \$195 - Register & pay before 31 October 2020

Early bird rate: \$235 - Register & pay before 15 January 2021 Full registration: \$275 - Register & pay after 15 January 2021 Day/event rates are available at: https://rotarydistrict9675.org/





## The Afghan Quarterback

The coach had put together the perfect team for the Chicago Bears. The only thing that was missing was a good quarter-back. He had scouted all the colleges and even the Canadian and European Leagues, but he couldn't find a ringer who could ensure a Super Bowl win.

Then one night while watching CNN he saw a war-zone scene in Afghanistan . In one corner of the background, he spotted a

young Afghan Muslim soldier with a truly incredible arm. He threw a hand-grenade straight into a 15th story window 100 yards away - KABOOM!

He threw another hand-grenade 75 yards away, right into a chimney - KA-BLO0EY!

Then he threw another at a passing car going 90 mph - BULLS-EYE!

"I've got to get this guy!" Coach said to himself. "He has the perfect arm!"

So, he brings him to the States and teaches him the great game of football. And the Bears go on to win the Super Bowl.

The young Afghan is hailed as the great hero of football, and when the coach asks him what he wants, all the young man wants is to call his mother.

"Mom," he says into the phone, "I just won the Super Bowl!"

"I don't want to talk to you", the old Muslim woman says. "You are not my son!"

"I don't think you understand, Mother," the young man pleads. "I've won the greatest sporting event in the world. I'm here among thousands of my adoring fans."

"No! Let me tell you!" his mother retorts. "At this very moment, there are gunshots all around us. The neighbourhood is a pile of rubble. Your two brothers were beaten within an inch of their lives last week, and I have to keep your sister in the house so she doesn't get raped!" The old lady pauses, and then tearfully says...

"I will never forgive you for making us move to Chicago!"

## Why men should listen to their wives

The countries most affected by the coronavirus are the USA, Brazil, Russia, Spain, the United Kingdom, Italy, and France. India



Here are the images of their leaders.

The countries that are recognized as having managed the crisis best are Germany, Taiwan, New Zealand, Iceland, Finland, Norway, and Denmark.



If you can always be cheerful, ignoring aches and pains,

If you can resist complaining and boring people with your troubles,

If you can eat the same food every day and be grateful for it,

If you can understand when your loved ones are too busy to give you any time,

If you can take criticism and blame without resentment,

If you can conquer tension without medical help,

If you can relax without alcohol, If you can sleep without the aid of drugs...

You are probably the Family Dog!





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AUSTRALIANS ALL LET US REJOICE FOR WE ARE YOUNG AND FREE CEVEROIDE SOLVAND WEALTH FOR TOTAL OUR HOME IS GIRT BY SEA OUR LAND OF BEAUTY ABOUNDS RICH IN NATURE'S GIFTS AND RARE CELESTORY SPACE RESULT VERY STATE OF THE STREET AND RARE TO MAKE THIS COMMONWEALTH OF OURS RENOWNED OF ALL THE LANDS FOR THOSE WHO'VE COME ACROSS THE SEAS WE'VE BOUNDLESS PLAINS TO SHARE WITH COURAGE LET US ALLOCATED TO ADVANCE AUSTRALIA FAIR IN JOYFUL STRAINS THERE LET BE SING "ADVANCE AUSTRALIA FAIR IN JOYFUL STRAINS THE LET BE SING "ADVANCE AUSTRALIA FAIR IN JOYFUL STRAINS THERE LET BE SING "ADVANCE AUSTRALIA FAIR "AUTRAIN"

## DIST. 9675 CLUB MEETINGS

## MONDAYS:

BURWOOD: 5.45 for 6.15pm

Burwood RSL Club

www.rotaryclubofburwoo

**FIVE DOCK**: 6.30 for 6.55pm

Club Five Dock

#### **TUESDAYS:**

The Rotary Community Centre www.rotaryneu Cyfo/c/154408

## WEDNESD 'S:

STRATHFIF 6.70 or 7.00pm

Strathfiel Colf (

www.stra Wieldry ry.org.au/

DRUM: O/NE: o 15 for 6.30pm Drummeyne Liling Club

www sciary s.info/club4413

## ThURSU //S:

AK 7 POINT: 7.00 for 7.15pm

Breakfast Point Country Club

www.rcbp.com.au

## www.rotarydistrict9675.org.au

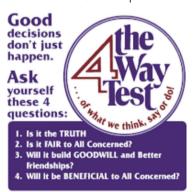
## **Rotary Grace**

O Lord Thou Giver of all good, We thank Thee for our daily food. May Rotary friends and Rotary ways Help us to serve Thee all our days

#### **ROTARY'S CODE OF CONDUCT**

As a Rotarian. I will:

- 1) Exemplify the core value of integrity in all behaviours and activities.
- 2) Use my vocational experiences and talents to serve in Rotary.
- 3) Conduct all of my personal, business and professional affairs ethically, encouraging and fostering high ethical standards as an example to others.
- 4) Be fair in all dealings with others and treat them with the respect due to them as fellow human beings.
- 5) Promote recognition and respect for all occupations which are useful to society.
- 6) Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others and to improve the quality of life in my community.
- 7) Honour the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavour or reflect adversely on Rotary or fellow Rotarians.
- 8) Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.





#### **BOARD MEMBERS 2020/21**

President: Angela Porritt
President Elect: Cornelia Day
Secretary: Allan Petersen
Treasurer: Ken Wright

Immediate PP: Charmaine Langley Farmers Market: Helen McCaffery

Farmers Market: Helen McCaffery Club Service: James Chin

International Service: Ian Gilkes
Community Service: Daniel Music
New Generations: Peter Robinson
Vocational Service: Peter Reynolds

Membership: Michael Brown

Assistant International Service Director: Maree Ohlin

#### **CLUB MEMBERS**

Bhavnagri Viraf Strucural Engineering

Brown David (Beverley)
Graphic Art (Retired)

Brown Michael (Liane) Graphic Art (Pre-Press)

Cassaniti Santino (Marie) Funeral Services

James Chin

Medicine - Health & Lifestyle

Day Cornelia

Real Estate - Commercial

**Dowley Peter (Maree)** Security Services

Ferrari Kevin Entrepreneur

Gagliano Cheryl (Tony) Legal Assistant

Gilkes Ian (Sue) Printing Commercial

**Guerin Roger (Kitty)** Engineering - Local Government

Hughes Don (Judith) Education - Science

Hunter Dianne Accountancy - Admin

Kane Ray (Judith) Transport (Retired)

Kang Alice Director Marketing & Community Relations, Concord Hospital

Langley Charmaine
Project Manager Higher Education

Legey Patrick (Annmaree)
Pest Control

Long Kevin (Anna)
Promotional Products

**Love Judy** Aged Care Aministration

Ly Steven Planning Logistics

McCaffrey Helen (Bill) Corrosion Control

McCarthy Phillip (Jillian) Accounting - Chartered

McIntosh Graham Pharmacy (retired)

Murray Ken Education - Secondary (ret)

Music Daniel Facilities Management

Ohlin Maree (Peter) IT Project Management

Paterson Bill (Doreen)
Services & Development
Counselling

Petersen Allan (Welwyn) Education - Primary

Petrie Stephen (Cathryn) Mechanical Engineering

Porritt Angela (Rhys) Database Development

Reynolds Peter (Mariana) Education - Languages Rez Simon Law

Robertson Jim (Florence)
Mediation Services

Robinson Peter (Barbara) Marketing and Sales

Rogers Peter (Mary) Mystery Shopping

Scott Evelyn Govt Services (Retired)

**Williamson David** Building Administration

Wright Alan (Lorna) Paint Manufacture

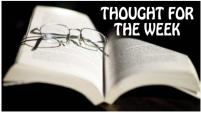
Wright Ken (Georgia) Accounting Services

Xu Grant (Cynthia) IT Professional

#### **HONORARY MEMBERS**

- \* Bell, Richard (Christine)
- # Davidson, Carole
- # Kistan, Nesan (Cheryl)
- # Michel, Lois McCaffrey, William (Helen)
- #\* Rodway, Barry (Norah)
  Spence, Wal (Elaine)
- #\*\* Smith, Peter (Marlene)
- \* Past President # Paul Harris Fellow
- \*\* Past Pres. Rotary Club of Strathfield





The bad news is time flies.
The good news is you're the pilot.

